

GET IN TOUCH WITH OUR
PROGRAMME COORDINATORS

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MICRO-MASTER OF
OCCUPATIONAL
HEALTH AND SAFETY
MMOHS

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ABOUT US

The Centre for Lifelong Learning (C3L) is an academic unit at the Universiti Brunei Darussalam (UBD), which aims to provide accessible teaching and learning gateway to every Bruneian by offering relevant and innovative modules for micro-credentials, study programmes and training courses that will make learners competitive in the national and global workplace. We aim to serve a variety of clientele, including:

- ☑ Students with no degrees and wish to gain higher education qualifications for the first time;
- ☑ Individuals who wish to return to study after a break;
- ☑ Degree holders who wish to upgrade or update their professional qualifications;
- ☑ Career changers;
- ☑ Individuals interested in work-relevant professional and practical training;
- ☑ Retirees; and
- ☑ Individuals who want to learn for the sake of learning.

We offer stand-alone micro-credentials, which may be recognised right away in the form of digital badges and may be stacked together for higher-level qualifications. In addition, we also recognise previous work experience and prior learning as a means of satisfying a programme entry or graduation requirements.

WHY CHOOSE US

AT C3L, YOU HAVE ACCESS TO:

Signed Certificate

Accredited by Universiti Brunei Darussalam to recognize your achievement

Classmates of Diverse Backgrounds

Learn from individuals of diverse backgrounds widening your professional network

Online Video Lectures and offline sessions

Students have access to CANVAS - a learning management system available on smartphones

Learn from Industry and Academic experts

Courses are developed and taught by industry and academic experts

More information can be found in our website: www.ubd.edu.bn/C3L

WHO WE ARE

PROGRAMME SUMMARY

Micro–Master Occupational Health and Safety (MMOHS)

Programme Description

The Centre for Lifelong Learning (C3L) and PAPRSB Institute of Health Sciences (IHS) jointly offer MMOHS programme to support the legal requirement for designated workplace doctors in Brunei Darussalam. The professional programme is aimed to equip lifelong learners with the fundamental knowledge and skills in occupational health and environmental health and safety and relevant competencies to implement programmes to promote a healthy workplace. Its contents are supported by cutting-edge research into the approaches that work best in practice. The programme consists of five core and workplace-based practicum modules in the relevant areas. It is offered in lifelong learning (LLL) mode and individual modules are offered as micro-credentials. The duration of the MMOHS programme shall be seven (7) months for a full-time (FT) or twelve (12) years for LLL. This programme is supported by Safety, Health and Environment National Authority (SHENA) and the Ministry of Health (MoH), Brunei Darussalam.

Recommended Background

Basic knowledge and competencies in occupational health and environmental health and safety relevant to various industries and sectors, including health services, oil and gas production, construction, agriculture, education and etc.

PROGRAMME STRUCTURE

MODULES	MODULAR CREDITS
Compulsory/Core Modules	40
Optional Modules	None
Additional Modules	None
TOTAL	40

ENTRY REQUIREMENTS

General Requirements

Medical practitioner

Candidates with a primary medical degree (or equivalent) must be recognised by the Brunei Medical Board (BMB); be licensed or registered to practice medicine in Brunei Darussalam or another country in a recognised post; and have a minimum of two years of relevant work experience post-registration.

Non-medical practitioner

Candidates without a primary medical degree, must hold a Bachelor's degree in a relevant discipline from Universiti Brunei Darussalam or from a university or institution recognized by the Senate; or an equivalent professional qualification, and have a minimum of two years of relevant work experience.

A candidate must acquire at least a credit in the English Language at GCE 'O' Level Examination or a grade 'B' in IGCSE English (as a Second Language) or an IELTS score of 6.0 or a TOEFL minimum overall score of 550 or a pass in the UBD Bridging English Course or Band B2 in the UBD English Proficiency Test.

Other acceptable qualifications and credentials

Work experience: licensed or registered to practice medicine in Brunei Darussalam or another country in a recognised post, and have a minimum of two years of relevant work experience complete post-registration.

Prior learning: If any of the above admissions requirements are not met, e.g. in the case of an international medical practitioner who wishes to enrol into the programme, the applicant's relevant work experience can be considered.

LIST OF MODULES AND TEACHING STAFF

CH-M-8004: Occupational Hygiene (8MC)

This module aims to provide students with knowledge and skills to recognise and manage adverse and toxic effects of workplace hazards, use biological and environmental monitoring for workplace assessments.

Covener Dr Sharimawati Hj Sharbini- shahrimawati.sharbini@ubd.edu.bn

CH-M-8005: Occupational Toxicology (8MC)

This module aims to provide basic concepts of occupational toxicology and application to assessment exposures, estimates of the risk of disease, establishment of appropriate limits of exposures, and understanding and prevention of mortality and morbidity resulting from occupational exposure to toxic substances.

Covener Dr Nik Tuah - anni.mohamad@ubd.edu.bn

CH-M-8006: Workplace-Based Practicum (8MC)

This module aims to provide students with occupational health and safety practical experience at governmental or non-governmental organisations/institutions. The student may undertake practicum work outside Brunei Darussalam, provided adequate on-site facilities are assured.

Covener Dr Li Ling Chaw - liling.chaw@ubd.edu.bn

LIST OF MODULES AND TEACHING STAFF

CH-M-4001: Occupational and Environmental Health (4MC)

This module aims to introduce students to basic occupational and workplace environmental health, drawing on the multiple facets of health, workplace hazards and the diseases associated with them, and prevention and control of occupational and work-related diseases.

Covener Dr Zaidah Rizidah Murang - zaidah.murang@ubd.edu.bn

CH-M-4002: Workplace Hazards and Assessment (4MC)

This module aims to provide knowledge related to various categories of workplace hazards and OHS legislations related to workplace assessment in Brunei, and equipped with skills to assess workplace hazards

Covener Dr Zaidah Rizidah Murang - zaidah.murang@ubd.edu.bn

CH-M-8003: Prevention and Control of Occupational and Work-Related Disease (8MC)

This module aims to introduce students to work effects on health and vice-versa; OHS legislation in Brunei; occupational and work-related diseases, prevention and control; and fitness to work.

Covener Dr Sharimawati Hj Sharbini - shahrimawati.sharbini@ubd.edu.bn